



















ATHLETES HI












































































MAY - JUNE 2008 CALENDAR OF EVENTS

LEGEND  Oahu  Maui  Big Island  Kauai

 Run  Bike  Swim TRI/BI Triathlon/Biathlon

	DATE	TIME	EVENT	LOCATION / DISTANCE	INFORMATION
	May 2 - 4	TBA	Disney's Minnie Marathon	Walt Disney World Resort, California, 5k / 15k	www.disneyminnie marathon.com
TRI 	May 3	6:30 am	2 nd Annual Meadow Gold Kids Triathlon	Ala Moana Beach Park, 50-100m swim, 1.1 - 2.2 mile bike, 0.3 - 0.6 mile run (age-based)	www.lanimoo.com
 	May 3 - 4	7:00 am	Big Island Stage Race	TBA	www.hawaiicyclingclub.com
	May 4	9:00 am	Lilac Bloomsday Run	Downtown Spokane Washington, 7.46 miles	www.bloomsdayrun.org
 	May 4	8:30 am	Kaanapali Klassik	Canoe Beach, Kaanapali, 1.2 mile swim	www.virr.com
 	May 4	8:00 am	Dolphin Days Cinco de Mayo Swim	1 mile / ½ mile swim, 400m keiki swim	www.dolphindays.com
 	May 10	7:00 am	33 rd Annual Pineapple Run	Wahiawa, 10k	(808) 653-9530
 	May 10	7:00 am	HURT Run with a View	TBA, 8+ miles	www.hurthawaii.com
 	May 10	8:00 am	Na Holo Wahine 5k	Keopuolani Park, Wailuku, 5k	www.runnersparadise.net
TRI 	May 10	TBA	MAG-24 Sprint Triathlon	Kaneohe Bay MCB, 500m swim, 11 mile bike, 3.5 mile run	www.mccshawaii.com/cgfit.htm
 	May 10	1:30 pm (register)	UH Sunset Series Track Meet	University of Hawaii, Manoa, Cooke Field	www.uhathletics.hawaii.edu
 	May 11	8:00 am	The Popoia Swim	Kailua Beach Park, 1.6 miles	www.kailuamasters.org
 	May 11	7:00 am	Pearl Harbor Bike Path 10k	Lehua School, 10k	www.mprcc.com
BI 	May 11	8:00 am	Peaman Mother's Day Classic Biathlon	Kaiakeakua Beach (next to Kailua-Kona pier), ¾ mile swim, 3 mile run	(808) 324-PEAS
 	May 17	7:00 am	30 th Anniversary Visitor Industry Charity Walk	McCoy Pavilion, Ala Moana Beach Park	www.hawaiihotels.org
TRI 	May 17	7:00 am	Honolulu Kids Triathlon	Kapi'olani Park, 50/100m swim, 3k / 6k bike, 800m run	www.honolulutriathlon.com
 	May 17	7:00 am	2 nd Annual Jacaranda 10k	Eddie Tam Gym, Makawao, 10k	www.virr.com
TRI 	May 18	6:00 am	Honolulu Triathlon	Ala Moana Park, 1.5k swim, 40k bike, 10k run	www.honolulutriathlon.com
 	May 25	7:00 am	Race Against Domestic Violence 5k	Manoa Recreation Center, 5k	(808) 225-9775
 	May 25	7:00 am	Hawaii State Time Trial Championship	Malaekahana State Park, Laie, 40k	Quick Release (808) 596-8844
TRI 	May 31	7:00 am	Ironman 70.3 Hawaii	Hapuna Beach, 1.2 mile swim, 56 mile bike, 13.1 mile run	www.ironman703hawaii.com
BI 	Jun 1	8:00 am	Aluminium Man Blaze Your Best Biathlon	South Maluaka Beach Park (near Maui Prince Hotel), ½ mile swim, 4.5 mile run	www.virr.com
BI	Jun 5	4:30 pm	Welcome Biathlon to Samoa Apia Run's Guests	Funway Rental, Matautu, Apia, Samoa	samoapiarun@hotmail.com
	Jun 7	5:00 am	1 st Annual Samoa Marathon	Funway Rental, Matautu, Apia, Samoa, Marathon, Half Marathon, 5k, 3k	samoapiarun@hotmail.com
 	Jun 7	7:00 am	Haena to Hanalei	Hanalei Pier, 8 mile / 5k run	www.hanaleicanooclub.com
TRI 	Jun 8	7:00 am	Kings Trail Triathlon	Maui Prince Beach Park, Olympic Distance	www.trimaui.org
TRI 	Jun 8	6:00 am	BikeFactory North Shore Triathlon	Mokuleia Beach Park, 400m swim, 10 mile bike, 3 mile run	www.hawaiiswim.com
 	Jun 8	7:00 am	BIRR Scholarship 5k	Coconut Island, 5k	www.bigislandroadrunners.org
 	Jun 13	5:00 pm	All Comers Track Meet	War Memorial Stadium	www.runnersparadise.net
 	Jun 14	TBA	Patriot 5k Run	Iroquois Point, 5k	www.pacificsportevents.com
 	Jun 14	8:00 am	Will's Run for Hope	Kahana Park, Kahului, 5k, 2k walk/run	www.thewillsmithfoundation.org
 	Jun 14	7:00 am	HURT Mango Madness	TBA	www.hurthawaii.com
 	Jun 14	8:30 am	Walk Now for Autism	Ala Moana Beach Park, 5k	www.walknowforautism.org
BI 	Jun 15	8:00 am	Peaman's Dad's Birthday Stroke & Stride Biathlon	Kaiakeakua Beach (next to Kailua-Kona pier), ½ mile swim, 2 mile run	(808) 324-PEAS
 	Jun 15	7:00 am	Aloha State Games Cycling	TBA	Cambio-Core (808) 429-9475
 	Jun 15	6:00 am	Hibiscus Half Marathon	Kapi'olani Park, Half Marathon	(808) 534-1222
 	Jun 20	5:00 pm	All Comers Track Meet	War Memorial Stadium	www.runnersparadise.net
 	Jun 22	7:00 am	Aloha State Games	Kapi'olani Park, 10k	(808) 955-0902
 	Jun 22	TBA	Hickam Freedom Tower Criterium	Hickam Airforce Base	www.hacchawaii.com
 	Jun 22	4:00 pm	Beat the Heat 10k Fun Run	Rice Park, Kula, 10k	www.virr.com

ATHLETES HI MAY - JUNE 2008 CALENDAR OF EVENTS

		Jun 27	5:00 pm	All Comers Track Meet	War Memorial Stadium	www.runnersparadise.net
		Jun 28	9:00 am	Raging Isle Sprint	Sunset Beach, 1 mile swim	www.hawaiiswim.com
		Jun 29	5:30 am	Kona Marathon	Outrigger Keauhou Beach Resort, Kona, Marathon / Half Marathon / 10k / 5k	www.konamarathon.com
TRI		Jun 29	6:00 am	Firecracker Sprint Triathlon	Nimitz Beach, 500m swim, 13 mile bike, 5k run	www.pacificsportevents.com
		Jun 29	7:00 am	Hawaii State Road Race Championship	TBA	Tradewinds (808) 595-0588
		Jul 4	TBA	Epilepsy Freedom Run	Kailua High School, 5k / 10k	(808) 225-2965
		Jul 4	9:00 am	4 th of July 5k & 1 mile Run	Schofield Barracks, 5k / 1 mile (children)	(808) 655-8789
		Jul 27	6:30 am	Mango Days	Magic Island, Ala Moana Beach Park, 5k	(808) 534-1222
		Aug 24	7:00 am	10 th Annual Rosie Wall Memorial	Kailua Recreation Center, 5k	www.rosiewallmemorial.com
		Sep 13	8:00 am	Maui Tacos 5k	Whalers Village, Kaanapali Resort, 5k	www.mauimarathon.com
		Sep 14	5:30 am	Maui Marathon	Queen Ka'ahumanu Center, Kahului, Marathon / Half Marathon	www.mauimarathon.com
		Sep 20	TBA	USO Run	TBA	www.usohawaii.org
		Nov 16	7:00 am	Hawaii Senior Olympics	Kapi'olani Park, 10k	(808) 955-0902
		Nov 16	TBA	Friends of Kailua	Kailua High School, 5k / 10k	(808) 225-2965
- SPECIAL EVENTS -						
		May 16	TBA	National Bike to Work Day	Tamarind Park	www.hbl.org
		May 21	7:00 pm	Ride of Silence	TBA	www.hbl.org
- WEEKLY RUNS, RIDES & SWIMS -						
		Mon	9:00 am	HBL Start the week off right ride	Kahala to Sandy beach and back, 15-20 miles	www.hbl.org
		Mon	5:30 pm	Runners Route	1322 Kapiolani Ave, Honolulu	(808) 941-3111
		Mon	From 5:15 pm	Valley Isle Master Swimmers	Kihei Aquatic Center / Lahaina Aquatic Center / Pukalani Pool	www.mastersswimmaui.org
		Tue	5:30 pm	Runners HI weekly Run	Aiea, Next to Dixie Grill, refreshments afterwards, 4 – 7 miles	www.runnershi.org
		Tue	5:30 pm	Runners Paradise Weekly Run	Runners Paradise, Kahului Mall, Maui	www.runnersparadise.net
		Tue	6:00 pm	Bike Repair Clinic – by appointment	Momentum Multisport (3520 Waiialae)	(808) 737-4474
		Tue	6:30 pm	Valley Isle Master Swimmers	Lahaina Aquatic Center	www.mastersswimmaui.org
		Wed	4:00 pm	Mountain Bike Ride	Momentum Multisport (3520 Waiialae)	www.MomentumHI.com
		Wed	From 5:30 pm	Valley Isle Master Swimmers	Lahaina Aquatic Center / Pukalani Pool	www.mastersswimmaui.org
		Wed	6:00 pm	Fleet Feet Weekly Run	Kailua, 17 Aulike St, 3 – 7 miles	www.fleetfeetkailua.com
		Wed	6:00 pm	Nike Run Club	Niketown, King Kalakau Plaza, 2 – 7 miles	(808) 943-6453
		Wed	4:30 pm	IT&B Weekly Ride	IT&B, 569 Kapahulu, Hawaii Kai and back	www.itbhawaii.com
		Thu	7:00 am	HBL Breakfast Ride to Kailua	Kahala Community Center (Pahoa & Moa Streets, behind Kahala Elementary, 50 miles)	www.hbl.org
		Thu	5:30 pm	Runners Paradise Weekly Run	Runners Paradise, Kahului Mall, Maui	www.runnersparadise.net
		Thu	6:30 pm	Valley Isle Master Swimmers	Lahaina Aquatic Center	www.mastersswimmaui.org
		Fri	From 5:15 pm	Valley Isle Master Swimmers	Kihei Aquatic Center / Lahaina Aquatic Center / Pukalani Pool	www.mastersswimmaui.org
		Fri	7:00 am	Fleet Feet Sunrise Run	Kailua, 17 Aulike St	www.fleetfeetkailua.com
		Sat	9:00 am	Waikiki Swim Club	Ala Moana Park (Diamond head side)	www.waikikiswimclub.org
		Sat	9:00 am	Nike Run Club	Niketown, King Kalakau Plaza	(808) 943-6453
		Sun	7:00 am	Road Bike Ride	Momentum MultiSport in Kaimuki between 10th & 11th	MMHawaii@gmail.com
		Sun	7:30 am	Honolulu Marathon Clinic	3833 Paki Ave, Kapi'olani Park (Mar - Dec)	www.honolulumarathonclinic.org
		Sun	8:00 am	Waikiki Swim Club	San Souci Beach, Natatorium	www.waikikiswimclub.org